

# Are You Up To Date on Your Preventive Services?

Medicare covers a full range of preventive services to help keep you healthy and find problems early when treatment works best. Ask your doctor what services are right for you and use the space below to track appointment dates, times, and other important information.



- One time “Welcome to Medicare” preventive visit— get this visit within the first 12 months you have Medicare Part B (Medical Insurance) \_\_\_\_\_
- Yearly “Wellness” visit—get this visit 12 months after your “Welcome to Medicare” preventive visit or 12 months after your Part B coverage starts \_\_\_\_\_
- Abdominal aortic aneurysm screenings \_\_\_\_\_
- Alcohol misuse screenings & counseling \_\_\_\_\_
- Bone mass measurements (bone density test) \_\_\_\_\_
- Cardiovascular behavioral therapy \_\_\_\_\_
- Cardiovascular disease screenings (cholesterol, lipids, triglycerides) \_\_\_\_\_
- Cervical & vaginal cancer screenings \_\_\_\_\_
- Colorectal cancer screenings \_\_\_\_\_
- Counseling to prevent tobacco use & tobacco-caused disease \_\_\_\_\_
- Depression screening \_\_\_\_\_
- Diabetes screening \_\_\_\_\_
- Diabetes self-management training \_\_\_\_\_
- Flu shots \_\_\_\_\_

- Mammograms (breast cancer screenings) \_\_\_\_\_
- Glaucoma screening \_\_\_\_\_
- Hepatitis B screenings \_\_\_\_\_
- Hepatitis C screenings \_\_\_\_\_
- HIV (Human Immunodeficiency Virus) screenings \_\_\_\_\_
- Lung cancer screenings \_\_\_\_\_
- Medical nutrition therapy services \_\_\_\_\_
- Medicare diabetes prevention program \_\_\_\_\_
- Obesity screenings and counseling \_\_\_\_\_
- Pneumococcal shots \_\_\_\_\_
- Prostate cancer screenings \_\_\_\_\_
- Sexually transmitted infection screenings & counseling \_\_\_\_\_

For more details about Medicare’s coverage of preventive services, including your costs in Original Medicare, visit [Medicare.gov/publications](http://Medicare.gov/publications) to view or print the booklet “Your Guide to Medicare Preventive Services.”

You have the right to get Medicare information in an accessible format, like large print, braille, or audio. You also have the right to file a complaint if you feel you’ve been discriminated against. Visit [Medicare.gov/about-us/accessibility-nondiscrimination-notice](http://Medicare.gov/about-us/accessibility-nondiscrimination-notice), or call 1-800-MEDICARE (1-800-633-4227) for more information. TTY users can call 1-877-486-2048.

This product was produced at U.S. taxpayer expense.



CMS Product No. 11420  
Revised February 2023