

Medicare helps cover **diabetes** supplies & services to help keep you healthy



Part B (Medical Insurance) covers:

- Diabetes self-management training
- Foot exams, foot treatment, and therapeutic shoes
- Glaucoma tests
- Glucose monitors and supplies (like test strips and lancets)
- Hemoglobin A1C tests
- Medicare Diabetes Prevention Program
- Nutrition therapy services
- Screenings for people at risk
- Some insulin pumps and supplies, including insulin

Part D (drug coverage) covers:

- Anti-diabetic drugs (including insulin)
- Certain supplies for insulin (like syringes)

NEW INSULIN BENEFIT! The cost of a one-month supply of each Part D-covered insulin is **capped at \$35** and you don't have to pay a deductible. If you get a 60- or 90-day supply of insulin, your costs can't be more than \$35 for each month's supply of each covered insulin.

Starting July 1, 2023, if you take insulin through a traditional pump that's covered under Medicare's durable medical equipment benefit, your cost for a month's supply of Part B-covered insulin for your pump can't be more than \$35. The Part B deductible won't apply.

Visit [Medicare.gov/publications](https://www.medicare.gov/publications) to view or download the booklet, "Medicare Coverage of Diabetes Supplies, Services, & Prevention Programs."

For more information to help you manage your diabetes visit [ndep.nih.gov](https://www.ndep.nih.gov).

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Things to ask your doctor or other health care provider **at your next visit:**

- Am I eligible for the Medicare Diabetes Prevention Program?
- How do I sign up for diabetes self-management training?
- What kind of nutrition plan (or nutrition therapy services) do I need?
- How do I find a program to quit smoking?
- Do I need flu and pneumococcal shots?



Things to do **at each visit:**

- Go over your blood glucose readings
- Find out your hemoglobin A1C level
- Get your feet checked
- Get your weight and blood pressure checked



Things you may want to get **at least once a year:**

- Yearly “Wellness” visit
- Flu shot
- An eye exam for diabetic retinopathy (a diabetes complication that affects eyes)
- A foot exam (including check of circulation and nerves)



Note: Your doctor or other health care provider may recommend you get other services, like cholesterol and lipid tests, more often than Medicare covers them. Make sure you understand why your doctor recommends certain services and if Medicare will pay for them.

Remember, talk to your doctor or other health care provider anytime you have questions or concerns about diabetes.

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